

# Columbine West Health & Rehab Facility



A Skilled Nursing Facility **Specializing** in:

## **Rehabilitation**

- **Hospice Services**
- **Memory Care**

940 Worthington Circle  
Fort Collins, Colorado 80526  
**970-221-2273**

**40** **PLUS** **YEARS OF CARING FOR SENIORS!**

[www.columbinehealth.com](http://www.columbinehealth.com)

# *columbine cares for seniors*



## **SKILLED NURSING CARE**

Our skilled nursing care is provided 24-hours a day by registered nurses (RN), licensed practical nurses (LPN), and certified nursing assistants (CNA). Skilled care may include medication administration and therapies. Services may also include assistance with bathing, dressing, mobility, and eating.

## **NURSE PRACTITIONER/ PHYSICIAN'S ASSISTANT**

A Nurse Practitioner is a Registered Nurse (RN) who has a master's degree in nursing. A Physician's Assistant has extensive training in health care. The Nurse Practitioner or Physician's Assistant works in collaboration with contracted physicians to treat medical issues.

## **PHYSICAL THERAPY**

Our Physical Therapy program may include gait and balance training, wheelchair positioning, therapeutic exercise, prosthetic training, and family education. Home evaluations are offered to residents prior to discharge.

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## **OCCUPATIONAL THERAPY**

Our Occupational Therapy programs may include assessment and training with activities of daily living skills (ADL's). Training focuses on upper and lower extremity strengthening, splinting, cognitive processing, and family education. Home evaluations are offered to residents prior to discharge.

## **SPEECH/LANGUAGE PATHOLOGY**

Our Speech Therapy programs may assist with communication, swallowing and/or language skills. Swallowing therapy involves strengthening of the throat muscles and determining food/liquid consistencies.

## **RESTORATIVE NURSING**

This program is designed for residents needing a functional therapy skill but not requiring the daily skills of a licensed therapist. Restorative aides may provide functional therapy, including ambulation, range of motion exercises, and assistance with eating.

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## **SOCIAL SERVICES/ RESIDENT SERVICES**

Our Social Services staff advocate for residents, coordinate individualized care plan meetings, assist with psychosocial needs, and utilize community resources to assist in providing care for our residents.

## **DISCHARGE PLANNING**

Our interdisciplinary team facilitates the discharge planning process. Information regarding discharge needs is gathered from our nurses, therapists, social services, the resident, and their family for transition back to the community.



## WHAT OUR CLIENTS ARE SAYING

*"Words can't express how thankful I am for the fantastic care you gave to my best friend and neighbor. Never have I seen such a hard working, caring, dedicated group of folks as you! This is by far the best nursing facility I have ever been involved with!"* **Friend of Resident**

*"I would like to express my deepest appreciation to the entire staff that served my mother. You all are very special people; this world would be a better place with more of your type."* **Family Member**

*"You all gave a new meaning to caring. I cannot think of one thing that could have been improved on in her entire stay."* **Family Member**

## FEATURES

- 24-Hour skilled nursing care
- Restorative nursing program
- Physical, occupational, and speech therapy
- Registered dietitian services
- Discharge planning and social services
- Oxygen
- Medical equipment
- Pharmacy consultant
- Personal laundry and linen service
- Housekeeping service
- Electric beds
- Meals, snacks, and supplements
- Walking courtyard and trails
- Planned daily activities, social events, and exercise programs
- Transportation to medical appointments



## Columbine Management Office

802 West Drake Road, Suite 101  
Fort Collins, Colorado 80526  
970-482-0198 Fax: 970-482-9148  
[www.columbinehealth.com](http://www.columbinehealth.com)

● REHABILITATION | ● HEALTH & REHAB | ● HEALTH SERVICES  
● INDEPENDENT LIVING | ● ASSISTED LIVING | ● PATIO HOMES

### FORT COLLINS

● Bloom at Home	970-482-5096
● Centre Avenue Health & Rehab Facility	970-494-2140
● Centre Pharmacy, Inc.	970-221-0190
● Columbine Medical Equipment	970-221-1453
● Columbine Poudre Home Care	970-482-5096
● Columbine West Health & Rehab Facility	970-221-2273
● Front Range Therapy	970-494-6449
● Geriatric Education Centre	970-494-6455
● Lemay Avenue Health & Rehab Facility	970-482-1584
● Lifestyle Centre	970-494-6446
● New Mercer Commons	970-495-1000
● Poudre Infusion Therapy	970-494-2130
● The Winslow	970-492-6200
● The Worthington	970-490-1000

### LOVELAND

● Bloom at Home	970-482-5096
● Front Range Therapy	970-494-6449
● Lakeview Commons	970-278-4000
● North Shore Health & Rehab Facility	970-667-6111
● Centre Pharmacy, Inc.	970-221-0190
● Columbine Medical Equipment	970-221-1453
● Columbine Poudre Home Care	970-482-5096
● Poudre Infusion Therapy	970-494-2130
● The Wexford	970-667-1900

### WINDSOR

● Bloom at Home	970-460-9200
● Centre Pharmacy, Inc.	970-221-0190
● Columbine Commons	970-449-5540
● Columbine Commons Health & Rehab Facility	970-449-5541
● Columbine Medical Equipment	970-460-9205
● Columbine Poudre Home Care	970-460-9200
● Front Range Therapy	970-494-6449
● Poudre Infusion Therapy	970-460-9208
● Westwood Patio Homes	970-460-5000